

A Study on the Cultivation Path of International Perspective for Traditional Chinese Medicine Students in the New Era

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Abstract: With the process of globalization and the deepening of the internationalization of traditional Chinese medicine, the new era has put forward higher requirements for the international perspective of traditional Chinese medicine students. Cultivating talents in traditional Chinese medicine with an international perspective not only helps to promote the global development of traditional Chinese medicine, but also enhances China's competitiveness and influence in the international pharmaceutical field. By analyzing the requirements of the new era's development for the international perspective of traditional Chinese medicine students, we can provide ideas and suggestions for cultivating their international perspective, thereby promoting the continuous improvement of teaching effectiveness. This can also effectively broaden the international perspective of traditional Chinese medicine students.

Keywords: New Era; Chinese Medicine Students; International Perspective; Cultivation Strategy

1. Introduction

Cultivate the international vision of traditional Chinese medicine students in the new era, so that they have the ability of cross-cultural communication, and also stimulate students' innovative thinking. Therefore, exploring the cultivation path of international perspective for traditional Chinese medicine students in the new era has important practical significance and strategic value. By deeply understanding the connotation and characteristics of the international perspective of traditional Chinese medicine students in the new era, exploring effective training paths and models, theoretical support and practical guidance can be provided for the internationalization reform of traditional Chinese medicine education.

2. The Requirements for the International Perspective of Traditional Chinese Medicine Students in the New Era

The new era has put forward higher requirements for the international perspective of traditional Chinese medicine students, which is not only an inevitable trend in the internationalization of traditional Chinese medicine education, but also an urgent need to cultivate talents with international competitiveness in traditional Chinese medicine.

2.1. The New Era Requires Traditional Chinese Medicine Students to Have a Broad Global Perspective

With the increasing recognition of traditional Chinese medicine internationally, students of traditional Chinese medicine need to understand the global development trends of traditional Chinese medicine, pay attention to cutting-edge academic research and technological innovation, and actively participate in international exchanges and cooperation. Through this, students can broaden their horizons and knowledge.

2.2. The New Era Requires Traditional Chinese Medicine Students to Possess the Ability of Cross-Cultural Communication

In the context of globalization, traditional Chinese medicine students need to master one or more foreign languages and be able to communicate and exchange ideas with peers from different cultural backgrounds. At the same time, they also need to understand the cultural customs and laws and regulations of different countries and regions, respect and understand multiculturalism, in order to better adapt to an international work environment.

2.3. The New Era Requires Traditional Chinese Medicine Students to Possess Innovative Spirit and Practical Ability

In the context of increasingly fierce international competition, traditional Chinese medicine students need to possess innovative consciousness and entrepreneurial spirit, be able to think independently, solve problems, and respond to challenges. At the same time, they also need to have solid practical abilities and clinical skills, be able to combine theoretical knowledge with practice, and make contributions to the development of traditional Chinese medicine.

2.4. The New Era Requires Traditional Chinese Medicine Students to Possess Professional Qualities and Standards for Medical Practice

In international exchanges and cooperation, traditional Chinese medicine students need to abide by international ethical norms and professional ethics, respect intellectual property rights and academic integrity, and establish a good international image and reputation. At the same time, they also need to pay attention to global public health issues and human health challenges, actively fulfill social responsibilities and obligations, and contribute to the development of global health. [1]

From the requirements of the new era for traditional Chinese medicine students, it can be found that universities need to strengthen the internationalization reform and innovation of traditional Chinese medicine education, and actively cultivate talents with an international perspective in traditional Chinese medicine.

3 The Cultivation Path of International Perspective for Traditional Chinese Medicine Students in the New Era

3.1. Curriculum Design and Teaching Reform

The first is to strengthen international exchanges. International exchange is a key link in cultivating the international perspective of traditional Chinese medicine students. Therefore, it is necessary to promote exchanges between Chinese medicine students and relevant fields abroad, ensuring that students can be exposed to the latest international academic trends and enhancing their competitiveness on a global scale. In the process of international exchange, it is important to incorporate cross-cultural elements into the curriculum, allowing students

to be exposed to the latest international research findings, treatment methods, and educational concepts, thereby broadening their academic horizons and stimulating innovative thinking. Secondly, we can also draw on advanced international models of traditional Chinese medicine education, actively introduce cutting-edge courses on traditional Chinese medicine theory, technology, and research methods, and collaborate with world-class TCM universities and research institutions to jointly develop or introduce high-level course resources. [2] Through these measures, students can be exposed to the latest international research results, treatment methods, and educational concepts, thereby broadening their academic horizons and stimulating their innovative thinking.

The second is to innovate and use teaching methods. The innovation and practice of teaching methods are also very important. By adopting advanced teaching methods, it is possible to stimulate students' interest and initiative in learning. Firstly, case study teaching method can be used for teaching. Case study teaching method is a teaching method based on case studies. By allowing students to analyze and solve real and complex cases, their ability to think independently can be cultivated. Therefore, in the cultivation of an international perspective, typical cases involving different countries and cultures can be selected to guide students to analyze and solve problems from multiple perspectives, thereby enhancing their cross-cultural understanding and communication abilities. [3] In addition, group discussion and collaboration is a student-centered teaching method that cultivates teamwork and communication skills by allowing students to discuss and communicate in groups.

Therefore, in the cultivation of an international perspective, students can be encouraged to engage in group discussions on international topics, promote communication and cooperation under different cultural backgrounds, and enhance their teamwork skills.

3.2. Development of International Exchange and Cooperation Projects

The first is to implement and improve effectiveness of international exchange programs for students. The international

exchange program for students provides valuable opportunities for them to personally experience and learn traditional Chinese medicine practices and research from different cultural backgrounds. This mainly includes overseas visits and internships, participation in international conferences and academic competitions, etc. Through communication and cooperation with overseas universities and medical institutions, excellent students can have the opportunity to conduct short-term visits or internships. Through this approach, students can gain a deeper understanding of the healthcare system, education models, and research environment abroad, thereby broadening their horizons. Then, students should be encouraged to participate in international academic conferences and competitions, such as the World Congress of Traditional Chinese Medicine and the International acupuncture and moxibustion Seminar. Participating in these activities can not only facilitate students to communicate with international peers, but also further enhance their academic literacy and international competitiveness. Through these projects, students can not only access rich academic resources and networks, but also improve their cross-cultural communication skills.

The second is to construct an international scientific research cooperation and exchange platform. In order to enhance the internationalization level of teachers and promote the internationalization process of traditional Chinese medicine education, a comprehensive international scientific research cooperation and exchange platform for teachers can be constructed, actively encouraging and supporting teachers and students to use the platform for learning and communication. Firstly, it is necessary to establish a professional technical team and build a professional international cooperation and exchange platform based on international exchange requirements. Using this as a platform for students and teachers of traditional Chinese medicine to exchange ideas both domestically and internationally can provide them with the opportunity to access top-notch experiences. In addition, it is necessary to continuously enrich academic materials on the platform, actively search for and screen international academic institutions, universities

or research teams that have made outstanding contributions in the field of traditional Chinese medicine, and establish stable cooperative relationships. It allows both teachers and students to continuously learn and enrich themselves on the platform. [4] Finally, it is necessary to regularly update and maintain the platform to ensure that relevant content always meets teaching and practical needs. The construction of an international scientific research cooperation and exchange platform is conducive to improving the internationalization level of teachers, providing solid support for cultivating traditional Chinese medicine students with a global perspective, and promoting the internationalization process of traditional Chinese medicine education.

3.3. Teacher Team Construction and International Training

In order to enhance the internationalization quality of teachers, universities should establish academic connections with international peers, jointly carry out research projects, and thereby enhance the academic level and international influence of teachers. Secondly, it is necessary to strongly support teachers to visit internationally renowned universities or research institutions for further studies and further education, so that they can have a deep understanding of cutting-edge academic trends, broaden their horizons, and enhance their teaching and research abilities. In addition, specialized cross-cultural communication training courses can be organized to help teachers improve their teaching and research abilities in a multicultural context. Finally, the internationalization achievements and contributions of teachers should be regarded as important evaluation indicators to stimulate their enthusiasm for improving their internationalization quality. Through the comprehensive application of these strategies, the internationalization quality of teachers can be effectively improved, providing strong support for cultivating students of traditional Chinese medicine with an international perspective.

When building an international teaching staff, it is necessary to focus on cultivating the internationalization ability of local teachers. Universities can cooperate with top domestic hospitals and regularly organize experienced medical experts to give lectures on campus,

promoting communication between experts and teachers. This enables teachers not only to master profound theories of traditional Chinese medicine, but also to have rich practical experience. [5] Under the joint action of these measures, the teaching staff of traditional Chinese medicine will gradually achieve internationalization. It can cultivate more students with international perspectives in traditional Chinese medicine and promoting the global development of the traditional Chinese medicine industry.

3.4. Optimization and Innovation of Practical Teaching Process

The construction and utilization of international practical teaching bases are of great significance for cultivating students of traditional Chinese medicine with an international perspective. To achieve this goal, cooperation and co construction with internationally renowned traditional Chinese medicine enterprises or research institutions are particularly important. Through close cooperation with international partners, we can jointly design and build practical teaching bases with international standards. Such cooperation can not only introduce advanced international equipment and technology, provide students with a more cutting-edge practical environment, but also ensure that the teaching content is in line with international standards, and cultivate traditional Chinese medicine talents that meet international needs. In addition, cooperation with internationally renowned enterprises or research institutions can provide students with more practical opportunities and career development resources, allowing them to have access to advanced international experience in traditional Chinese medicine research and development, production, and management. It also can help students understand the needs and trends of the international market, and better adapt to future career development.

4. Conclusion

Nowadays, the internationalization of traditional Chinese medicine has become an inevitable trend. In this context, it is particularly important to cultivate talents in traditional Chinese medicine with an international perspective. Through the above

research, it can be found that cultivating the international perspective of traditional Chinese medicine students is an important educational task, which requires us to carry out comprehensive and in-depth reforms from multiple aspects such as educational philosophy, teaching content, teaching methods, and practical aspects. At the same time, it is also necessary to fully utilize high-quality educational resources at home and abroad, strengthen international cooperation and exchanges, and provide students with broader development space and richer learning experiences.

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